

# Nursing

## Nursing Degree

The goal of the Bachelor of Science degree in Nursing (RN-to-BSN) program is to provide opportunities for qualified students to acquire the knowledge necessary to provide nursing care which promotes adaptation of the person, family, and community. This knowledge is acquired within a liberal arts experience which emphasizes honesty, integrity, civility, and a strong sense of personal responsibility.

Professional preparation as a nurse includes promotion of lifelong learning, social responsibility, and service.

The faculty believe persons are unique, holistic, and developing beings with the process and capacity for thinking, feeling, reflecting, and choosing. Persons respond to and act upon the constantly changing environment, which is everything that is within and around them. To adapt to this changing environment, people use coping processes which are both innate and learned. Adaptation occurs as adaptive responses promote integrity and wholeness.

Health is a state and a process of being and becoming an integrated and whole person. Health is a continuum ranging from peak wellness to death. The adaptation level is that point where the person is able to respond positively. A whole person is one with the highest possible fulfillment of human potential.

Nursing assists persons, families, and communities to examine life and environmental patterns, attach personal meaning to these patterns, and choose adaptation. Nursing acts to enhance interaction with the environment by promoting meaningful life experiences, growth, and adaptation. The profession of nursing is an integrated part of a system for health care delivery and shares responsibility for working collaboratively with other health care practitioners.

Nursing education is a process which enables the learner to synthesize a body of knowledge obtained through courses in nursing, liberal arts, humanities, and the sciences. Because nursing is dynamic, the education is foundational for professional growth through nursing research and continuing education.

The faculty believe that the learner is best able to reach individual potential in an environment that is nurturing and promotes inquiry, dialogue, curiosity, creativity, the ethical ideal, and assertiveness. The learner brings an attitude of commitment and motivation for achievement. The role of the learner is to share in the responsibility of the teaching-learning process.

The teacher interacts with students as persons of worth, dignity, intelligence, and high scholarly standards. The teacher's role is to provide the climate, structure, and dialogue that promotes discovery of patterns and paradigms for practice. The teacher raises questions that require reading, observation, analysis, and reflection upon patient care. The teacher nurtures the learner, is available for dialogue, and promotes the use of research and critical thinking in the delivery of nursing care.

CMU also offers an Accelerated BSN program for individuals who already have a Bachelor's degree in any subject and have completed the pre-requisite courses for Nursing education.

## **Bachelor of Science in Nursing Outcomes:**

The Bachelor of Science Nursing graduate will be able to:

1. Demonstrate professional nursing leadership evidenced by the monitoring and improvement of healthcare systems, including management of physical, fiscal, and human resources.
2. Formulate research questions, critically analyze evidence, and apply evidence to practice.
3. Demonstrate the ability to effectively use technology to analyze, manage, and communicate data information.
4. Provide nursing care based on current knowledge, theory, and evidence to promote safety, holism, adaptation, and quality care as evidenced by the ability to:
5. Design and implement care based on the nursing process
6. Collaborate as a member of the interdisciplinary health care team.
7. Incorporate the principles of communication, client education, and client advocacy into practice.
8. Display behaviors as a member of the profession of nursing based on standards of practice and professional codes of ethics.

## Assessment of Student Learning Outcomes

### Assessment Methods

The Portfolio, student evaluations of instruction, course level assessments, and graduate and employer surveys are the primary methods of assessment. Students are required to maintain a portfolio during the Bachelors-completion Nursing Program. They must write a summary at the end of each nursing course analyzing how the course met one or more of the Outcomes. At the end of the program the students complete a survey identifying how well the program's design assisted the student in meeting the Program Outcomes, courses and/or assignments that helped in meeting the Program Outcomes, and suggestions for program improvement. The student evaluations of instruction identify course and instructor specific issues that can be addressed immediately. The course level assessments align course objectives and program outcomes with specific assignments, which are then used to demonstrate student learning. Graduate surveys provide further opportunity for students to submit feedback to the program. The employer surveys identify how well graduates perform based on the Program Outcomes.

### Review

Portfolios are reviewed periodically and after the end of the program. The student is to evaluate whether the courses content helped them meet the program outcomes. Student evaluations of instruction are reviewed at the end of every course. Course level assessments are reviewed annually. The graduate and employer surveys are sent and reviewed after one year of employment.

### Feedback

In the summer the Nursing Program Coordinator will review and evaluate assessment information. Recommendations are then presented at the summer faculty workshop. Recommendations result in changes to improve courses and clinical experiences for students as documented in the faculty workshop minutes. Analyses of the data obtained are reported annually in the Systematic Program Evaluation Plan Report.

### BSN Requirements for Admission

1. Applicants must meet the admission requirements of the University.
2. minimum GPA of 2.0 overall;

3. an associate's degree in Nursing (or diploma) from a regionally accredited institution (up to 40 Nursing credits from the ADN will be applied toward the BSN; general education credits will also transfer where applicable).
4. official transcripts from all regionally and nationally accredited colleges and universities attended; and
5. current unrestricted RN license (needed prior to beginning clinical courses).
6. Non-native speakers of English must present evidence of proficiency in the English language by scoring a 550 or higher on the paper-based Test of English as a Foreign Language (TOEFL) or 213 or higher on the computer-based TOEFL or 77 or higher on the Internet-based TOEFL.

### **BSN Curriculum Requirements**

1. A cumulative 2.0 GPA must be maintained and a grade of "B" or above must be attained in all Nursing courses (AH300, AH305, AH317, AH/HS400, NU320, NU455, and NU480)
2. The BSN program should be completed within five (5) years of enrollment.

### **Graduation Requirements**

1. Satisfactory completion of the liberal arts and/or general education coursework as well as all courses in the major;
2. satisfactory completion of at least 120 credit hours;
3. satisfactory completion of at least 15 credit hours of upper-division coursework in the major;
4. satisfactory completion of at least 30 credit hours of upper-division coursework;
5. satisfaction of the 30-hour residency requirement;
6. cumulative GPA of at least 2.0 on coursework earned at CMU;
7. cumulative GPA of at least 2.0 on all upper-division major coursework;
8. payment of all tuition and fees; and
9. recommendation of the faculty.

### **Scholastic Standards for Nursing**

The grading scale for the Department of Nursing is based on 80% as the minimum percentage for a "B" grade.

To graduate, students must maintain a grade of "B" in all Nursing, Allied Health, and Science courses and must have a minimum cumulative grade point average of 2.0 on a 4.0 scale.

### **Requirements for Continuation in Program:**

Students who earn less than a "B" in a course may not continue in their cohort. Any one course where the student earns less than a "B" must be repeated and completed with a grade of "B" or higher, and then the student will join the subsequent cohort. Any second instance when a student earns less than a "B" - whether it is a repeated course or one taken for the first time - results in the student's dismissal from the program.

## Nursing Courses

### **AH300 Professional Nursing Practice.**

3 hours. This course will introduce students to the role of the baccalaureate prepared nurse. Students will transition from clinicians to professionals, and acquire a deeper understanding of the nursing profession.

### **AH305 Adaptive Health and Assessment.**

3 hours. This course introduces the student to physical assessment using the adaptation nursing model. The four modes of adaptation are explored with the focus on psychosocial needs identified through interview skills and physiologic needs identified through physical assessment skills. The framework is applied to health restoration, maintenance and enhancement of nursing interventions with a focus on wellness. (2.5 lecture hours, .5 clinical hour) Prerequisite/co-requisite: AH300

### **AH316 Data Analysis for Allied Health.**

3 hours. This course focuses on statistical data and terminology as they apply to nursing research. Students will learn the importance of statistics in performing data analysis and will be introduced to basic statistical procedures. Prerequisite: MA103 or higher.

### **AH317 Health Professions Research.**

3 hours.

Introduction to research in health professions. Topics include elements of the research process, examination of research design, development of research proposals, and application of the research process in the clinical area.

Prerequisite/co-requisite: AH300

### **AH330 Business Concepts in Health Care/Case Management.**

3 hours. Business Concepts in Health Care/Case Management focuses on the economics of health care, legal aspects of health care, health care systems in the U.S., case management issues, and budgeting.

### **AH/**

### **HS400 Health Care Informatics**

. 3 hours. The student is introduced to the current basic requirements for the recording and appropriate sharing of health information through mostly electronic systems. Included are aspects of the evolving Electronic Medical Record.

### **NU306 End-of-Life Care**

.# 3 hours. This course introduces the student to the theoretical foundations of end-of-life care. Through the use of a caring model which focuses on culturally sensitive communication processes, the nurse becomes a facilitator of holistic, patient-centered care for the terminally ill patient and family.

### **NU320**

### **# Adaptation**

### **Nursing in the Community**

.# 4 hours. This course focuses on the inter-relationship of community health principles and adaptation nursing. Lecture and seminar topics include community assessment, family assessment and dynamics, role and function of the community health nurse, crisis intervention, epidemiology, legal/ethical issues of practice, economics of community/home health agencies, and patient

education.# Application of theory content will be through exercises designed to demonstrate clinical understanding of public health nursing.# 3 lecture hours, 1 clinical hour.#Prerequisite:# AH 300

**NU325****# Historical****Trends in Nursing**

.# 3 hours.# This course focuses on the historical development of nursing from biblical time to the present day.# Lectures and seminars focus on historical occurrences and trends in nursing and the current relationship between nursing and the health care system.

**NU361 Gerontology I.**

3 hours.# The focus of this course is on theories, concepts, and issues related to aging with specific consideration to how these affect current and projected increases in the elderly population.# Individual, social, and political implications of the culturally complex nature of these populations are integrated throughout the lessons.

**NU360 Gerontology II.**

3hours.

**# The**

focus of this course is to build on the concepts of Gerontology I.# Content includes physiology of aging, cognitive changes, cultural dimensions, wellness, environmental concerns, stress, nutrition, dementia, and polypharmacy.

**NU369# Rural Health**

.# 3 credit hours.# This course focuses on health issues from a rural health perspective.# Content includes a study of the multifaceted dimensions of health, illness, the health care delivery system, populations with special needs, occupational accidents, and health beliefs of rural residents.# Also included is information from a U.S. and international viewpoint.

**NU455****# Professional****Issues, Leadership, and Management.**

3 hours.# This course prepares the student for the expanded role as nurse leader/manager.# Lectures and seminars focus on management theories, leadership style, change theory, interpersonal and inter-professional relationships, and current issues/trends in practice and education.# Prerequisites: AH 300

**NU480****# Integrated****Concepts of Adaptation Nursing**

.# 5 hours. This course builds on the concepts of past nursing courses and allows the student the opportunity to apply these concepts through an individualized nursing practice under the supervision of a faculty advisor and a project mentor.# The student will be required to develop a specific set of learning objectives for the selected area of clinical practice.# This flexible approach to learning allows the student the opportunity to develop expertise in a selected area of practice.# Students must pass the practical, written, and oral components of this course to graduate. (3 hours of clinical project and 2 hours of didactic)# Prerequisites: AH300, AH305, AH316, AH317, AH/HS400, NU320, and NU455

**NU360/460****# Special****Problems.**

1-3 hours each semester.# A directed, independent study program on a topic of special interest to the student and approved and guided by an instructor.# Prerequisite: approval of the project by the instructor.

**NU390/490**

**# Special**

**Topics.**

1-3 hours.# Advanced course on a topic not included in the regular curriculum.# Prerequisite: Instructor's permission.