

ATHLETIC TRAINING

Central Methodist University's CAATE (Commission on Accreditation of Athletic Training Education) accredited undergraduate program in athletic training is designed to prepare students for the Board of Certification Examination (BOC) and to prepare students for an entry level career in the prevention, evaluation, treatment, and rehabilitation of athletic injuries. The program will provide, through a liberal arts based education, the didactic and clinical experiences required and set forth by CAATE.

Prospective students must first be accepted for admission to Central Methodist University, indicate athletic training as a potential degree, and schedule a campus visit and interview with the athletic training education program director and staff. Admission to the athletic training program is competitive and requires that each applicant complete a pre-professional program in order to be eligible for formal admission to the athletic training education program (professional program). Meeting the pre-professional requirements does not guarantee admission

PRE-PROFESSIONAL PROGRAM (LEVEL I)

Before a student can be considered for formal admission to the athletic training education program, the following pre-professional (level 1) requirements must be met:

1. Completion of the following coursework with a grade of "C" or above: PE212, AT213, AT103, BI101, BI102, BI107 and AT123.
2. Completion of 100-300 hours of clinical observation under the direct supervision of a certified athletic trainer (clinical evaluation is 30% of weight in selection formula). Note*: The pre-professional observation hours will not count toward the clinical hours required for graduation.
3. Maintain a cumulative GPA of 2.75 (40% of weight in selection formula).
4. Complete program application materials (essay is 5% of weight in selection formula).
5. Submit current college transcripts.
6. Submit 3 letters of recommendation (5% of weight in selection formula).
7. Formal interview by selection committee (20% of weight in selection formula).

Application deadline is March 1 for fall semester consideration into professional program (second year). Candi-

into the program. To review the Athletic Training Education Program's technical standards for admission visit the website at

http://www.centralmethodist.edu/academics/athletic_training/docs/technicalstandards.pdf.

Students who desire a degree in Athletic Training but who have an ACT of ≤ 20 will be admitted to the Pre-Health Professions track instead of pre-AT. Students who are admitted to CMU via the Academic Standards and Admissions Committee are required to be categorized initially as "undeclared." Any student who is academically successful in meeting the admission requirements to AT (at the completion of the freshman year for AT) will be eligible for admission to AT. Students unsuccessful in achieving or maintaining the academic level required to participate in the AT program have this additional exit option of an Associate of Science degree that can be built from courses already taken. (See page 66.)

dates will be notified of their status by April 1. Only those students who have been formally admitted to the program will be allowed to take advanced course work and clinical experience. Students denied may reapply in the following spring semester.

Health requirements. Once notified of admittance into the athletic training program, students must provide vaccination records for Rubella, Tetanus, Mumps, Polio, Chicken Pox, and submit proof of or waiver of Hepatitis B vaccination. Students must provide proof of a physical examination to ensure that they are physically capable of handling the duties required completing the competencies for athletic training knowledge and skill acquisition.

CMU has a chapter of the **Student Athletic Training Association** (advisors: Profs. Wade Welton and Jill Pratte).

BACHELOR OF SCIENCE IN ATHLETIC TRAINING—min. 124 hrs.

① **COMMON CORE:** See page 52 for Common Core requirements for all CMU degrees.

Required Course from General Education: BI101 General Biology (4)

② **TIER TWO: ADDITIONAL GENERAL EDUCATION REQUIREMENTS (28-29 HOURS)**

Science: Must include	16-17 hours
<ul style="list-style-type: none"> • BI 102 w/lab (4) • CH 107 Allied Health Chemistry (3) <u>OR</u> CH111 General Chemistry (4) • May count courses with the AS, BI, CH, ES, GL, and PH prefixes (excluding 260/360/460). May count SC101 but no other SC courses. May not count courses taken as part of the Common Core. 	
Analytical Skills: MA105 Statistics <u>AND</u> CT214 Web Page Design (Any student whose ACT Math subscore is below 20 must pass MA101/MA102 before taking MA105.)	6 hours
Social Sciences: PY210 Educational Psychology (3) <u>OR</u> PY223 Developmental Psychology (3)	3 hours
Humanities: See page 54 for guidelines.	3 hours

③ **ATHLETIC TRAINING MAJOR REQUIREMENTS (57 HOURS)**

AT101 Clinical Experiences in AT I (1)	AT320 Organization and Adm. of AT (3)
AT102 Clinical Experiences in AT II (1)	AT326 Adv. AT—Lower Extremities Assess. (3)
AT103 Introduction to AT (3)	AT327 Adv. AT—Lower Extremities Lab (1)
AT123 Care and Prev. of Athletic Injuries (3)	AT328 Adv. AT—Upper Extremities Assess. (3)
AT201 Clinical Experiences in AT III (1)	AT329 Adv. AT—Upper Extremities Assess. Lab (1)
AT202 Clinical Experiences in AT IV(1)	AT340 Pharmacology for Athletic Trainers (3)
AT213 First Aid and CPR Lab (1)	
AT301 Clinical Experiences in AT V (1)	PHYSICAL EDUCATION REQUIREMENTS (9 HOURS):
AT302 Clinical Experiences in AT VI (1)	AT212 First Aid/Community CPR (2)
AT306 Therapeutic Modality Techniques (3)	PE324 Human Anatomy and Kinesiology (4)
AT307 Therapeutic Modality Techniques Lab (1)	PE327 Physiology of Exercise (3)
AT308 Rehabilitation Techniques I (2)	
AT309 Rehabilitation Techniques I Lab (1)	BIOLOGY REQUIREMENTS (10 HOURS):
AT310 Rehabilitation Techniques II (2)	BI107 Human Anatomy (4)
AT311 Rehabilitation Techniques II Lab (1)	BI205 General Physiology (5)
AT312 AT Surgical Clinic (1)	SC225 Interdisciplinary Science Seminar (1)

④ **ELECTIVES (TO COMPLETE MIN. 124 HOURS)**

LEVELS II, III, AND IV

In addition to the curriculum requirements, each student must complete a minimum of 900 clinical hours under the direct supervision of a certified athletic trainer/clinical instructor within the Central Methodist University athletic training program. The following are clinical experience classes: AT101, AT102, AT201, AT202, AT301, and AT302. Prior to performing off-campus clinical rotations, students may be required to purchase individual student professional liability coverage. Each clinical satisfies one or more sections of the following clinical experiences:

- a. One season of Football.
- b. Two CMU intercollegiate team experiences dealing with lower extremity injuries. i.e. Basketball, Soc-

cer.

- c. Two CMU intercollegiate team experiences dealing with upper extremity injuries. i.e. Softball, Baseball.
- d. A general medical experience rotation.
- e. One semester at an affiliated high school setting.
- f. One semester with a rehabilitation clinic.
- g. CMU morning treatment and rehabilitation.

Each student will be required to purchase the *CMU Student Athletic Training Policy and Procedures Manual*. The manual contains more specific program requirements. It can be purchased at the bookstore.

Retention Policy—Program levels II, III, and IV

- a. **Clinical:** The clinical instructors will assess the student's performance each semester. Each student will be evaluated on a 4 point system and must receive a 2.5 in order to continue to the next clinical. Students who fail to make satisfactory progress will be placed on a one-semester probation. If not satisfied within the allotted time, then the student may be dismissed from the program.
- b. **Coursework:** The student must maintain an overall grade point average of 2.75, and earn a "C" or above in all athletic training core classes. Failure to comply with the guidelines is grounds for probation or dismissal from the program.

Transfer Policy

Students wishing to transfer to Central Methodist University and the athletic training program must apply for the program and follow the same selection process as other candidates. Transfer students must have their transcript evaluated by the Registrar's Office and the Athletic Training Program Director. Courses required in Level I may transfer from the student's original college or university as long as they are substantially the same in scope and content as similar courses offered at CMU. Levels II, III, and IV must be completed at CMU.

Additional Fees

In addition to tuition, housing, books / supplies, and transportation costs (please see page 31) for a breakdown

of tuition and fees), students in the Athletic Training Education Program will incur additional expenses. The following is a breakdown of the most common costs:

1. Portfolio fee—\$120 (Second Semester Freshman Year)
2. Sports Medicine/Athletic Training Fee—\$50 per semester: This covers the program physical and AT 302 Clinical costs for ACES workshop.
3. Travel to and from clinical sites—varies (Senior Year)
4. Liability Insurance for clinical rotations—\$30 (Senior Year)
5. Professional Memberships /CMU Student AT Association Fee—\$30/\$90.

NOTE: Fees are subject to change.

Non-Discriminatory Policy

It is the Athletic Training program policy that all decisions regarding recruitment and admissions shall be made without discrimination on the basis of race, color, age, disability, religion, sex, national origin, marital status, political affiliation, sexual orientation or other individual characteristics other than qualifications for the program, quality of performance, and conduct related to the program in accord with the university's policies, rules and applicable law.